

# 2010 Under 6 & Under 8: SUMMER SOCCER CAMP



## MYSA: U6 & U8 INDOOR PROGRAMMING

Meridian Youth Soccer Association is excited about the programming that is being offered this fall and winter season. This indoor season Under 6 and Under 8 soccer will include a practice and a game per week.

This is the most important age group to foster enjoyment and start introducing skills to our players thus a practice/week is a must.

All games will be played at the Commonwealth Center and the format of the games is 3 players vs 3 players in U6 and 4 players vs 4 players in U8.

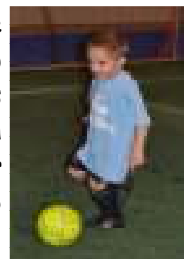
In U6 there is no goalies but in U8 there will be goalkeepers added who are also encouraged to move out of goal. The purpose of 3 vs 3 in U6 games is to allow for more opportunity for players to keep the ball and to encourage dribbling and shooting. By having no goalies this will also reward our young players who can keep the ball and shoot on target.

In U8 games, goalies are added. The goalie however is encouraged to move up from goal and to use their feet. All players are given opportunity to rotate

through the goalie position. The focus is still individual ball control but now when playing games each player will have to be a little more clever to score as there is a goal keeper in net.

For the first time MYSA is also introducing an additional Soccer Academy. The Academy is called Rustlers Development Program Academy.

The purpose is to develop soccer skills and teach tricks to our U6 and U8 players.



August 9, 2010

### SPECIAL POINTS OF INTEREST

- ☉ Practice and a game per week
- ☉ Introduction of the RDP Academy ~ 3-4 times per month
- ☉ Under 6 PLAY 3 v 3
- ☉ Under 8 PLAY 4 v 4
- ☉ Walls are now considered out of play

## SOCCER ACADEMY FOR U6 & U8 PLAYERS

The best time for kids to learn soccer tricks and skills is at these young ages. The Rustlers Development Program is introducing the U6 & U8 RDP Academy this indoor season for anyone who wants there kids to learn soccer

skills, tricks and have fun in the game of soccer. In a positive environment with the emphasis on enjoyment and skill development, we will have an extra 3-4 practices a month. All practices will be structured with age appropriate

game like activities and overseen by the MYSA Technical Director, Kevin Wagner. If you have questions regarding U6 & U8 City League play and/or the new Academy opportunity please contact Kevin Wagner.

Kevin Wagner:  
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To register for indoor soccer please see  
[www.mysa.ca](http://www.mysa.ca)